Fall Trends, Assessment and Prevention

A Fall Prevention Webinar sponsored by the Iowa Fall Prevention Coalition

Thank you for joining us!
The webinar will begin shortly



Who we are: Iowa Fall Prevention Coalition

The mission of the Iowa Fall Prevention Coalition is collaboration between state, community and healthcare system partners to reduce falls by building awareness and providing education about fall prevention.

Goals of the Coalition

1. Educating medical and community partners on falls data, prevention strategies, and implementation of programs

2. Supporting healthcare systems and community providers in the development of measurable outcomes and evaluation of falls prevention programs

3. Developing coalition plan

Some of our events.....







Speakers

• Binnie LeHew IDPH



• Cyndi Schmidt IHC



Larry ReadoutEMC Insurance



First, a Poll:





Iowa Fall Data and Trends

Binnie LeHew MSW

Iowa Department of Public Health

Evidence Based Programs in Iowa

- Matter of Balance
- Better Choices/Better Health
- Tai Chi for Arthritis
- Enhanced Fitness
- Potential ones: Otago/Stepping On



Additional Resources

- Iowa Webpage: http://www.idph.state.ia.us/FallPrevention/
- Iowa Department on Aging: https://www.iowaaging.gov/
- NCOA Webpage:
 - http://www.ncoa.org/improve-health/center-forhealthy-aging/
- Centers for Disease Control:
 - http://www.cdc.gov/niosh/topics/falls/

To Participate in Iowa Fall Prevention Coalition

Contact Barb McClintock

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515-255-2108 or visit

Iowa Department of Public Health

http://www.idph.state.ia.us/FallPrevention/